

A partial list of Values (please add your own)

Acceptance	Detachment	Harmony	Optimism	Stewardship
Acknowledgement	Discipline	Health	Openness	Strength
Affection	Diversity	Honesty	Order	Structure
Aliveness	Dependability	Honor	Organization	Sustainability
Adventure	Determination	Humor		
Amazement		Humility	Passion	
Appreciation			Patience	Teamwork
Attentiveness	Eagerness	Imagination	Peace	Toughtfulness
	Effectiveness	Independence	Perseverance	Tolerance
Balance	Enthusiasm	Integrity	Play	Transcendence
Beauty	Effort	Intelligence	Power	Trust
Belonging	Equality	Interdependence	Productivity	Truthfulness
	Excitement	Intimacy	Punctuality	Touch
Calm	Expansiveness	Intuition		
Caring	Experience		Resolution	Understanding
Clarity	Exploration	Joyousness	Reliability	Unity
Citizenship		Justice	Respect	
Challenge	Faith		Reverence	Vision
Comfort	Family	Kindness	Restfulness	
Commitment	Fitness			Warmth
Cooperation	Financial Stability	Leadership	Safety	Wisdom
Communication	Flexibility	Learning	Security	Wonder
Compassion	Flow	Love	Self-expression	
Courage	Forgiveness	Loyalty	Self-sufficiency	
Congruency	Freedom		Sensuality	
Connectedness	Friends	Meaning	Serenity	
Conservation	Fun		Simplicity	
Creativity		Nature	Spirituality	
Curiosity		Nurturance	Spontaneity	
		Non-violence	Stability	

